

Umrah Mufrada at a glance

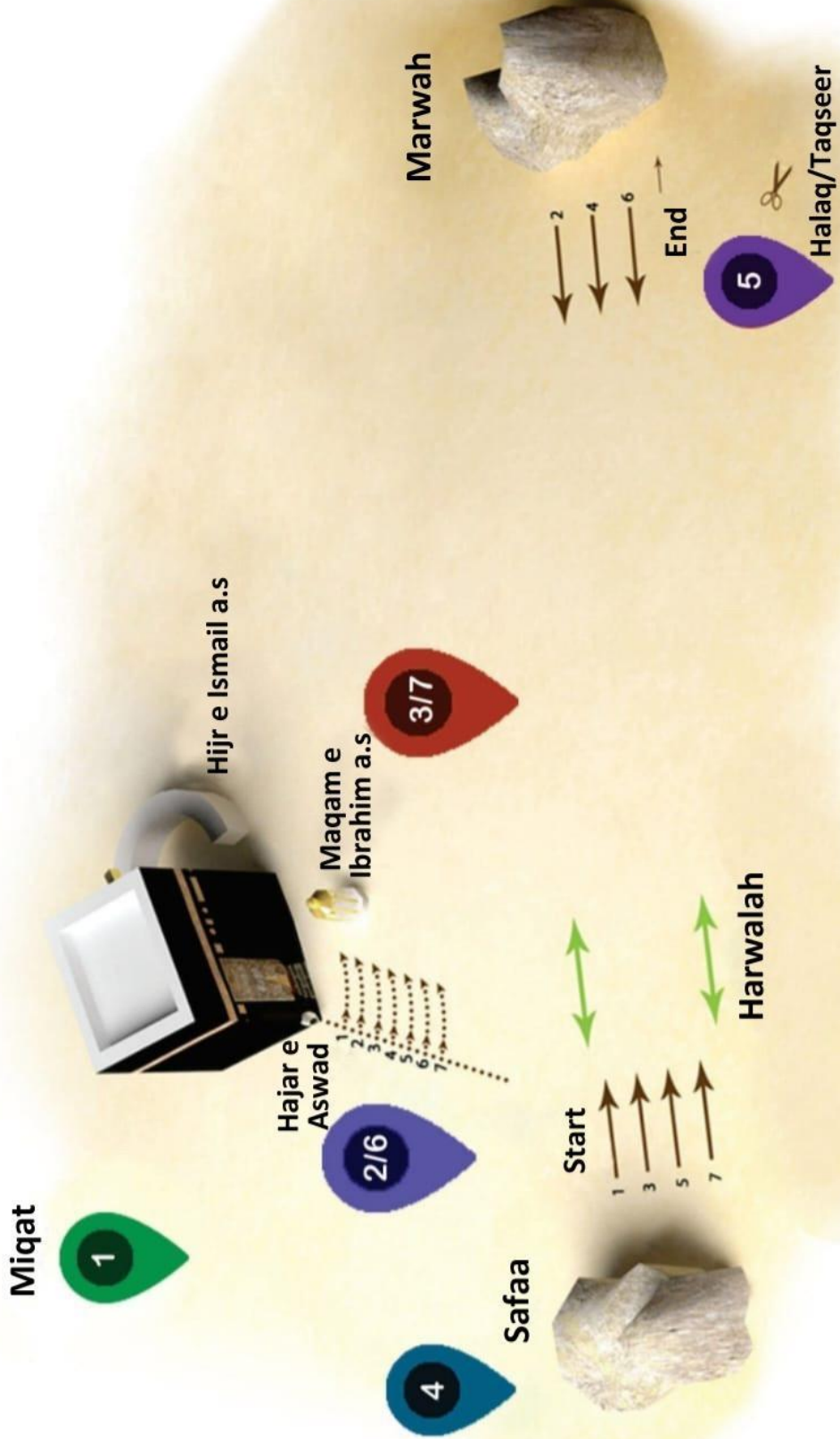
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Umrah e Mufarada



Bismihi Ta'ala

Umrah Mufrada at a glance

Obligations:

1. Putting on Ihram from *Miqat*
2. *Tawaf* around the Kaaba
3. Praying two rakaats *Tawaf prayer* behind *Maqam e Ibrahim*
4. *Sa'i* between *Safaa* and *Marwah*
5. *Halaq* (shaving the head) or performing *Taqseer* (cutting a little hair)
6. *Tawaf al-Nisa*
7. Praying *two rakaats* of *Tawaf al-Nisa* behind *Maqam e Ibrahim*

1. Putting on Ihram:

Ihram obligations:

1. Take off all *sewn* clothes and wear two sheets.
2. *Niyyah (intention)* : I wear the ihram of Umrah Mufrada 'Qurbatan ilAllah' .
3. Saying *Talbiyah*:

Wajib (Obligatory)

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ

Labbaik Allahumma Labbaik

لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ

Labbaik La Sharika Laka Labbaik

Mustahab (Recommended)

إِنَّ الْحَمْدَ وَالنَّعْمَةَ لَكَ وَالْمُلْكَ

Innal Hamda Wan Nai'mata Laka Wal Mulk

لَا شَرِيكَ لَكَ لَبَّيْكَ

La Sharika Laka Labbaik

Attention:

- A. For **women**, their own clothing is Ihram which should not be of **pure silk**.
- B. Restrictions of Ihram begin after reciting Talbiyah with intention.

Restrictions of Ihram

For Women only:

1. Wearing **jewelry** for adornment
2. To cover the **face** with anything
3. Wearing **gloves**

For Men only:

1. Wearing **tailored** clothes
2. Wearing socks/shoes that completely cover the top of the **foot**
3. Covering the **head** (including the ears)
4. Traveling in the **Shadow**

For both Men and Women:

1. Hunting
2. **Oiling** the body
3. Looking in the **mirror**

4. To **adorn**
5. To **swear**
6. Killing **lice**
7. Pulling out **hair**
8. I. Using **perfumes** and smelling **scents**
 II. Holding nose to avoid **foul** smells
9. Cutting or biting **nails**
10. **Lying**, swearing, calling names or abusing etc.
11. Drawing or donating **blood**
12. Doing **Nikkah** or saying it
13. **Masturbating**
14. **Intercourse**
15. **Kissing** with lust
16. **Lustful** seeing or touching etc.
17. **Tooth** extraction
18. Plucking **grass** from Haram
19. Carrying **arms**
20. Applying **Surma** in eyes

2. Tawaf around Kaaba:

Conditions:

1. **Niyyah (intention)**, I perform the Tawaf of Umrah Mufrada, 'Qurbatan ilAllah'.
2. **Wudhu (Ablution)/Ghusl** must be done.
3. The **body** and **clothes** must be pure.
4. The **private parts** must be covered.
5. **Circumcision** (for men)

Obligations of Tawaf (Method of Tawaf):

1. **Start** Tawaf from *Hajar e Aswad*.
2. **End** Tawaf at *Hajar e Aswad*.
3. During Tawaf, the **left shoulder** must be towards the Kaaba.
4. Do Tawaf outside *Hijr e Ismail*.
5. Include *Shazarwan* (sloping foundational walls along the base of Kaabah).
6. Do **seven** rounds, no more or less.

3.Tawaf Prayers:

1. **Niyyah (intention)**: I perform the Tawaf Prayer of my Umrah Mufrada, '*Qurbatan ilAllah*'.
2. Pray behind *Maqam e Ibrahim*.
3. Pray **immediately** after Tawaf (upto 10 minute delay is fine).
4. Pray **two rakaats** like morning prayer.
5. **Slow** or **Loud**? any ways is fine.

4.Sa'i between Safaa and Marwah:

1. **Niyyah (intention)**: I perform Sa'i of my Umrah Mufardah, '*Qurbatan ilAllah*'.
2. **Start** from Safaa.
3. From Safa to Marwah **one round** and from Marwah to Safaa will be considered the **subsequent** round. Hence the **seventh** round will end at Marwah.
4. Sa'i from the **upper floor** is not correct.
5. Wudhu and Ghusl **not required**

5. Halaq (Shaving head) or Taqseer (Cutting a little hair):

1. **Niyyah (intention)**: I shave my head or perform taqseer, 'Qurbatan ilAllah'.
2. **Men** have choice to either shave their head or perform Taqseer. For **women** Taqseer is the only option.
3. **Plucking** not allowed. Instead use scissor etc.
4. Help **others** only once you are done with yours.
5. It is not mandatory to perform Taqseer on **Marwah**, it can be done in your hotel, until then restrictions of Ihram **remain**.

Attention:

As soon as Halaq/Taqseer is done, the rest of the Ihram restrictions will **end** except for **marital (permissible relations)** restrictions. There are still two **obligations** left.

6. Tawaf Al-Nisa:

1. **Niyyah (intention)**: I perform Tawaf al-Nisa, 'Qurbatan ilAllah'.
2. Conditions and method are the **same** as the previous Tawaf.
3. It is **not** necessary to wear Ihram for this Tawaf. This can be performed in **routine clothes**.
4. Tawaf al-Nisa is obligatory on **all** (men, women, children, old, young, married, unmarried etc.)

7.Tawaf Al-Nisa Prayer:

1. **Niyyah (intention)**: I perform the prayer of Tawaf al-Nisa, *'Qurbatan ilAllah'*.
2. **Conditions** and **method** of this prayer are **same** as previously stated.
3. This prayer is obligatory on **all** (men, women, children, old, young, married, unmarried etc.)

With this your Umrah Mufrada will be **completed** and all restrictions will **end** except **hunting** and **plucking grass** with in the Haram **limits** even if the person is not in the **state** of Ihram.

Remember:

It is not difficult to perform these acts but,

- Don't be careless.
- Try to learn these actions.
- Stay in touch with your Maulana.
- You will be able to perform these acts with ease, Insha'Allah.